

St. Joseph's Convent High School

Syllabus for the Academic Year (2023-24)

Class- 1st

Subject- Environmental Studies

Term - 1

MONTH	SR. NO.	LIST OF THE LESSON	ACTIVITY	ASSESSMENT	DIAGRAM
April & May	1.	Me, Myself	1.Make a card about yourself.	Unscramble the letters to form a word. (Pg. No. 9)	
	2.	Body Tour	1.Draw the organs and write its function.	Circle and write the correct answer. (Pg.No.14)	
	3.	Take Care	1.Bones and muscles activity, stand, sit, walk & move.	Draw lines to connect the columns. (Pg. No.18)	
	4.	What's on My Plate?	1.Name some food items you have for breakfast, lunch and dinner.	Draw the picture of your favorite fruit and vegetables. (Pg.No.21)	
	5.	Clothes We Wear	1.Match the clothes to their name.	Write the first letter of each picture to get the names of clothes. (Pg.No.28)	Umbrella
July	6.	Sweet Home	1.Draw and colour a kachcha house.	Find out what I am? (Pg.No.34)	House
	7.	Good Habits	1.Make good manners chart.	Encircle the pictures which show good habits. (Pg.No.37)	
	8.	Meet My Family	1.Make a family tree in your copy.	Make a beautiful greeting card for grandparents. Write a message on it. (Pg.No.44)	
	9.	In My City	1.Paste the picture of your neighbourhood.	Tick if you have these qualities. (Pg.No.49)	

August	10.	Busy People	1.Paste the picture of community helpers in your copy.	Find the names of people who help us. (Pg.No.53)	
	11.	All About My School	1.Name the different rooms of your school.	Circle the things that you learn in school. (Pg.No.57)	
	12.	Festivals and Celebration	1.Cut different coloured papers into the shape of stars to decorate your classroom during Diwali.	Colour the things we need for a birthday party. (Pg.No.63)	National Flag
September			Revision & Examination		

October	13.	Moving Around	1.Paste 3 pictures of Land Transport, Air Transport & Water Transport.	Draw and colour your favorite vehicle. (Pg.No.69)	Hot air balloon
	14.	Being Safe	1.Recite the Poem of Pg.No.72.	Put 'S' for safe and 'D' for dangerous. (Pg.No.75)	
	15.	Getting in Touch	1.Write the uses of telephone with picture.	Read the daily newspaper.	
November	16.	Green Plants	1.Collect samples of different types of leaves and flowers from the tree & paste them on your copy.	Read the clues and answer. (Pg.No.88)	Parts of Plants
	17.	Animal Kingdom	1.Animal sound activity.	Help the animals to reach their homes. (Pg.No.94)	
	18.	Living and Non-Living Things	1.Identify the things from your classroom whether it is living or non-living.	Tick (✓) the pictures that are living and cross out (X) the ones that are non-living. (Pg.No.98)	
December	19.	Air	1.Watch the clouds move through the sky.	Which of the following needs air to move? (Pg.No.99 & 102)	

	20.	Water	1.Take a bucket of water and put some objects. Find out do they sink or float. Note down the observation in your copy.	Find out and answer. (Pg.No.107)	
January	21.	Round The Clock	1.Draw a rainbow and colour it.	Name the four directions. (Pg.No.109)	
	22.	Oh My, What a Sky!	1.Find out the name of the first man who landed on the moon.	What am I? (Pg.No.114)	Phases of Moon
February			Revision & Examination		

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